

sex talk.

answers to your questions about sex and relationships

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World AIDS Day is Thursday, December 1st, honoring and remembering those living with HIV/AIDS and those whom we have lost to the devastating and ongoing disease. Visit the tents on the Mall from 11am-1pm on Thursday to learn more, get free condoms, and pick up a red ribbon.

Last Spring, SexTalk asked over 100 students on the UA Mall "What do you do to stay sexually healthy?" Here's what you said (appearing in order of popularity):

1. Wear a condom.
2. Don't have sex.
3. Use birth control pills.
4. Get tested.
5. Communicate with partner(s).
6. I'm in a mutually monogamous relationship where we've both been tested for STIs and we still use condoms and birth control pills: No babies for us!
7. Plan ahead, be prepared.
8. Visit my doctor (gyno) once a year.
9. Think before I love.
10. Say NO if not ready!
11. Get annual check-up.
12. Know my limits.
13. Be monogamous.
14. I try to stay away from hookers.
15. Figure everything out before having sex.
16. Don't mix sex & alcohol.
17. Learn about sex education and stock up on dental dams.
18. Have Plan B on hand.
19. No random drunk frat party sex.
20. Choose partner wisely.
21. Be smart with my heart.
22. Stay informed.
23. Don't have sex, make love.
24. Consent is sexy.
25. Respect partner.
26. Masturbate.
27. Safe sex is great sex!
28. Always pee after sex to prevent infection.
29. Be faithful.
30. Only have sex with people that I trust and always, ALWAYS use protection.
31. Get a pap smear.
32. Don't have sex with more than one person at a time.
33. Go to sex education events.
34. Don't pull out and pray.
35. Feel sexy.



Have a question? Send it to sextalk@email.arizona.edu

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