

SEXtalk)))

Answers to Your Questions about Sex and Relationships

Have a ??? Email sextalk@u.arizona.edu

factoid

54% of UA students are single or casually dating.

(Wellness 2001, n=1220)

Q. What is a “queef?” I don’t know and no one will tell me.

A. The term is “**queaf**” and simply put, it is a vaginal fart. Occasionally during intercourse, sexual play or in certain physical positions, excess air will get forced into the vagina. When that air is expelled, it may make a sound similar to that of a fart. This sound is called a “queaf.”

Q. Where can you get free testing for STD’s?

A. STD testing is available for \$10 at the Pima County Health Department. This is the cheapest rate in Tucson, and they will not turn anyone away for lack of money. Testing is available Monday-Friday at the Theresa Lee Clinic, located west of downtown at 332 South Freeway (on the I-10 frontage road). Clinic hours vary. Call 624-8271 for testing times.

Q. I have never heard of dental dams. What are they? What do they do?

A. A dental dam is a 6-inch square sheet of thin latex commonly used in dental practice, and occasionally used as a protective device from STD transmission during oral-vaginal or oral-anal sex. Here are some basic steps for using a dental dam:

- 1) Rinse the powdery talc from the dam and pat or air dry.
- 2) Put water-based lubricant on the side that faces the female genital (vulva) or anus.
- 3) Place dam on the vulva or anus -- it should cover the entire area and should be held at both edges. Do not move the barrier back and forth between the vagina and anus as this can cause infection.
- 4) Throw dam away after using. Never reuse dams.

Although dental dams are recommended for safer sex, no documentation exists about how effective they are for HIV/STD prevention. Dental dams can be purchased at the Campus Health Pharmacy for \$0.75 per sheet.

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