

sex talk.

answers to your questions about sex and relationships

wildfact

FREE STD TESTING, condoms, & giveaways at the GET YOURSELF TESTED Resource Fair! Wednesday, 4/3, 10AM-2PM • UA Mall. Getting tested? Come hydrated.

Can I get pregnant if I take birth control?

Maybe. If you're sexually active with a partner of the opposite sex, there is always a chance of getting pregnant. From your question, it sounds like you're talking about the prescription birth control options (not barrier methods such as condoms).

There are many different types of birth control options available. Typically, the hormonal options have the highest effectiveness at preventing pregnancy as shown in

the table below. You'll notice for some methods there is a range of effectiveness, which represents typical to perfect use rates. Typical use considers human

error and perfect use is when all conditions are "ideal." To be as close to "perfect use" as you can, you and your partner should be informed about the method you are using and carefully follow the specific instructions for that particular method.

With all of the birth control options available it's a good idea to talk with your medical provider to find the method that works best for you. Remember, these hormonal birth control methods do not protect against sexually transmitted infections (STIs). Using a condom with a hormonal option will reduce both the risk of STIs *and* pregnancy.

Method	What Is It?	Effectiveness At Preventing Pregnancy
Nexplanon®	Subdermal implant in the upper arm	99%
IUD (hormonal & non-hormonal)	T-shaped device inserted in the uterus	99%
Depo-Provera	Injection given every 12 weeks	94-99%
Nuva Ring®	Flexible ring inserted in the vagina	91-99%
The Pill	Small pills taken daily	91-99%
Ortho Evra Patch	Patch placed on the skin	91-99%



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Have a question? Email it to sextalk@email.arizona.edu



CAMPUS HEALTH

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WANT CONDOMS?

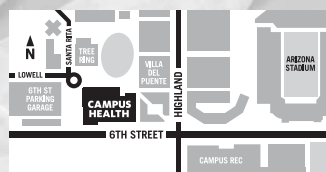


**FREE
CONDOM
FRIDAY!**



**Every Friday 12-2pm
(Fall & Spring Semesters)**

**Health Promotion & Preventive Services
(3rd Floor NE corner of Campus Health)**



Come get your free condoms, latex dams, and gloves every Friday!

Open to all UA students. No catch!



CAMPUS HEALTH



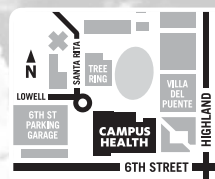
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**TO YOUR
HEALTH**



CAMPUS HEALTH



BURSAR'S ACCEPTED FOR CURRENT STUDENTS

**HOURS: Monday-Friday: 8am-4:30pm
(Wednesdays: 9am-4:30pm)**

LOCATION: NW of 6th & Highland

NO INSURANCE NEEDED; SELECT MAJOR HEALTH PLANS ACCEPTED
Arizona Board of Regents (ABOR) Aetna Student Health Insurance Plan also offered by UA.

99%
of UA students
who used our
services would
recommend us
to a friend.

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