

sex talk.

answers to your questions about sex and relationships

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The Kama Sutra (an Indian text on eroticism) describes 17 kinds of kisses.

It's my first year at college. I've never even kissed anyone yet. I enjoy looking at men on the internet and I'm attracted to women "in person." Am I bisexual? Asexual? How do I find out?

We doubt that you are asexual since you have expressed feelings of sexual attraction. Like many college students, your sexual identity is developing and may change over time.

Gone are the days when people were assumed to be attracted to just one gender or the other. Chances are you will experiment over time and eventually come to a comfortable orientation that feels right for you. Many of your peers are struggling with similar feelings, seeking the path that is right for them.

Alfred Kinsey, the famous American sexologist, developed a seven-point continuum of sexual orientation that provides an important look at the spectrum of sexuality. At one end of the scale ("0") are people who identify as exclusively heterosexual with no homosexual attraction. At the opposite end of the scale ("6") are people who identify as exclusively homosexual with no heterosexual attraction. In the middle, category "3," are people who express erotic attraction in ways that are equally

homosexual and heterosexual. Some people call this "bisexual" or "bi-affectionate."

In between the ends of Kinsey's scale are various levels of same-sex and other-sex attraction. He describes people who are predominantly heterosexual but incidentally homosexual, and vice versa. The continuum also affirms that some people may change direction. A college student may live a strictly heterosexual orientation until their later years when they find themselves traveling along the continuum to a very different orientation. They may identify or "come out" as gay, lesbian, or bisexual, or move back and forth over their lifetime.

How do you find yourself? Some people make this journey alone, with introspection, or by trial and error. If you'd like to learn from others, there is a Gender Spectrum Group that meets Mondays from 3-4pm at Campus Health. To learn more, call (520) 621-3334 or email mvanderv@email.arizona.edu.



www.health.arizona.edu

Have a question? Email it to sextalk@email.arizona.edu



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