suicide...

Would you recognize the possible warning signs?

- Social isolation
- Hopelessness
- Depression
- Substance abuse
- Wrapping up loose ends
- Giving away important possessions
- Sudden change in mood

Notice. Care. Help. Suicide is preventable.

Learn how to be a lifesaver.
520.621.5700

Resources:
UA Counseling and Psych Services
520.621.3334

National Suicide Prevention Lifeline
1.800.273.TALK (8255)

Pima County Crisis Response Center
520.622.6000

Friend 2 Friend
f2f.health.arizona.edu

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