



HOPE

WILL

NEVER

BE SILENT.

~ **Harvey Milk**

first openly gay man to be elected to the San Francisco Board of Supervisors and gay rights advocate

If someone you know is depressed or suicidal, there is hope.

Notice. Care. Help. Suicide is preventable.

Learn how to be a lifesaver. 520.621.5700



UA Counseling and Psych Services:
520.621.3334

National Suicide Prevention Lifeline:
1.800.273.TALK (8255)

The Trevor Project: **1.866.488.7386**

Pima County Crisis Response Center:
520.622.6000

Friend 2 Friend: **f2f.health.arizona.edu**