If someone you know is depressed or suicidal, there is hope.

~ Harvey Milk

first openly gay man to be elected to the San Francisco Board of Supervisors and gay rights advocate

Learn how to be a lifesaver. 520.621.5700

UA Counseling and Psych Services: 520.621.3334
National Suicide Prevention Lifeline: 1.800.273.TALK (8255)
The Trevor Project: 1.866.488.7386
Pima County Crisis Response Center: 520.622.6000
Friend 2 Friend: f2f.health.arizona.edu

This poster was developed, in part, under grant number IU795M060532-01 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.