

sex talk.

answers to your questions about sex and relationships

Male Questions About Pregnancy

Q. I heard that hot tubs reduce a guy's sperm count. If I had sex with my girlfriend in a hot tub can she get pregnant?

A. Exposure to heat can slightly, but not drastically, lower sperm count. She can get pregnant if you ejaculated inside of her. Sperm don't have far to travel from the top of the vagina, through the cervix, into the uterus, and up the fallopian tubes to meet an egg.

Q. I had sex with my girlfriend when she was on her period. Is that a safe time?

A. It's much safer than other times of the menstrual cycle. Women rarely release a mature egg during menstrual bleeding. Bleeding usually occurs for 2-7 days when hormones signal the lining of the uterus to slough off. Women are usually least fertile in the few days just before, during, and just after their period.

Q. If I "cum" in a pool, can any nearby women get pregnant?

A. Chances are next to zero. Sperm would be unlikely to survive the water temperature and the

chemicals in the pool. Free-floating semen would disperse, become diluted, and the sperm would not have the propulsion (nor navigational skills) to make their way up anyone's vagina.

Q. We used a condom and it slipped off. I'm worried. Is Plan B an option and for how long?

A. Plan B (emergency contraception) is one pill with a high dose of hormones that can prevent ovulation and thicken cervical mucus when taken within 72 hours of unprotected intercourse (the sooner the better). Anyone can buy it at a pharmacy. It's 75-89% effective and way better than doing nothing.

Q. I heard that a girl cannot get pregnant when she is "on top." Is that true?

A. Pregnancy can (and does) happen when girls are on top, in a hot tub, standing up in the shower, and the first time they have sex. If you have sex with someone of the opposite sex, assume that you are both fertile, and use effective contraception (the pill, shot, ring, IUD, condoms, etc.)

wildfact

WANT A FREE BACK RUB?

UA Stressbusters will be in the Campus Rec lobby on Tuesday, Feb. 16th, from 6-6:45pm.



www.health.arizona.edu

Have a question? Email it to sextalk@email.arizona.edu



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