

# sex talk.

answers to your questions about sex and relationships

## sexual health mythbusters!

2015 EDITION

Since 1995 SexTalk has been answering questions about sex and relationships from UA students. Here are some of the persistent myths that we often hear:

**MYTH: I heard ASU has its very own STD. Is that true?**

**FACT:** Wildcats get the same sexually transmitted infections that afflict Sun Devils. The top 3 at UA are chlamydia, HPV, and herpes.

**MYTH: If I go to Campus Health for birth control, my parents will find out.**

**FACT:** If you are 18 or older, your medical records are confidential and protected. Your parents cannot access them without your written permission.

**MYTH: Peeing after sex keeps you from getting an STD.**

**FACT:** Sorry, urine won't prevent herpes, chlamydia, HIV, or other STDs. Peeing after sex might help avoid a urinary tract infection, so it IS a good idea to take a trip to the bathroom after sex.

**MYTH: Mountain Dew shrinks your testicles and lowers sperm count.**

**FACT:** Good news: NO. Bad news: Mountain Dew is not the new male birth control.

**MYTH: Women can't get pregnant when they are "on top," right?**

**FACT:** Fertile females get pregnant in all kinds of positions (read the Kama Sutra for ideas).

**MYTH: Anal sex isn't really "sex," so it's safe, right?**

**FACT:** Anal sex increases your risk of sexually transmitted infections like hepatitis, syphilis, and HIV.

**MYTH: You can't get pregnant the first time you have sex.**

**FACT:** First time, tenth time, 100th time – it doesn't matter. Young adults and teens are at their peak fertility.

### wildfact

UA Campus Health offers many sexual health products and services: STD testing and treatment, condoms, the "morning after pill," HPV vaccine, birth control, etc. And, Campus Health protects your privacy – if you Bursar any charges, your statement will simply read: "Student Health Charge."



[www.health.arizona.edu](http://www.health.arizona.edu)

Have a question? Email it to [sextalk@email.arizona.edu](mailto:sextalk@email.arizona.edu)



**CAMPUS  
HEALTH**

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