

sex talk.

answers to your questions about sex and relationships

wildfact

UA Campus Health offers many sexual health products and services: STD testing and treatment, condoms, the “morning after pill,” HPV vaccine, birth control, etc.

sexual health mythbusters!

Since 1995, SexTalk has been answering questions from UA students. Here are some of the persistent (and sometimes humorous) myths that we often hear:

MYTH: Mountain Dew shrinks your testicles and lowers sperm count.

FACT: Good news: No. Bad news: Mountain Dew is not the new male contraceptive.

MYTH: ASU has its very own STD. Is that true?

FACT: Wildcats get the same sexually transmitted infections that afflict Sun Devils. The top 3 at UA are chlamydia, herpes, and HPV.

MYTH: You can't get pregnant the first time you have sex.

FACT: First time, tenth time, 100th time – it doesn't matter. Young adults and teens are at their peak fertility.

MYTH: Peeing after sex keeps you from getting an STD.

FACT: Sorry, urine won't prevent herpes, gonorrhea, HIV, or other STDs. Peeing after sex might help avoid a urinary tract infection,

so it IS a good idea to take a trip to the bathroom after doing the “mattress mambo.”

MYTH: Women are most often sexually assaulted by strangers.

FACT: Women are more likely to be sexually assaulted by someone they know – someone who has already been identified as safe and non-threatening. In college, acquaintance rape accounts for about 90% of completed and attempted sexual assaults.

MYTH: Women can't get pregnant when they are “on top,” right?

FACT: Fertile females get pregnant in all kinds of positions (read the Kama Sutra for ideas).



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Have a question? Send it to sextalk@email.arizona.edu

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