**What is the point of a flavored condom?**

A. To lower the risk of sexually transmitted infections (STIs) while pleasuring a male partner through oral sex. The added flavor? It’s a nice treat to taste strawberry, chocolate, mint, vanilla, or other enjoyable flavors compared to the taste of latex. If you’re pleasuring a female partner “down there,” latex dams are also available in a wide variety of flavors.

Why use protection at all with oral sex? Although vaginal or anal sex are higher risk activities, there is still risk of STIs when it comes to oral sex. Yes, you read right. STIs can be transmitted by “going down” on a partner. Which ones? Herpes, chlamydia, gonorrhea, syphilis, and HIV. The good news is that there are ways to protect yourself and your partner, which is the point of flavored condoms (and latex dams). If the “receiver” isn’t down with using protection, there’s always the alternative: not getting any action.

The Campus Health Pharmacy carries both flavored condoms and flavored latex dams. Confidential STI testing and treatment is offered all year round at Campus Health; to make an appointment call (520) 621-9202.

Note: if you are using flavored condoms for vaginal or anal sex, be sure that they are sugar-free to avoid a yeast infection.

**Are glow in the dark condoms toxic?**

A. No, they are not toxic. Glow in the dark condoms are typically made with 3 layers. The inner layer is made with a non-toxic form of phosphorous pigmentation (which is what makes the condom glow) that the FDA has approved for use in condoms. The outside layers sandwiching the pigment in between them are made of strong latex.

How does the “glow” work? Just expose the condom to light for about 30 seconds, put it on, turn the lights out, and you have a glowing personal lightsaber!

Have a question? Send it to sextalk@email.arizona.edu

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