

# sex talk.

answers to your questions about sex and relationships

## wildfact

45% of UA students are single/not dating, 14% are casually dating, 35% are exclusively dating one person, and 5% are engaged or married. (2012 Health & Wellness Survey, n=2,406)

## Q Where can I get free condoms?

A. OK, so it's not enough that condoms prevent unplanned pregnancy and reduce the risk of sexually transmitted diseases. You want 'em to be free, too?? Well, you're in luck! Every Friday during the semester from 12-2pm is **Free Condom Friday at Campus Health**. Show up at Health Promotion on the 3rd floor of the Highland Commons Building, and receive a free, no-strings-attached, variety pack of

5 condoms. We even have "ONE" brand condoms that everyone seems to want.

Need more condoms but short on cash? Check out the Campus Health Pharmacy. A pack of 100 condoms is only \$14.99 – and, as always, it's billable to your bursar's account as a generic "Student Health Charge."

## Q When is an appropriate time to first have sex in a relationship?

A. Short answer: when you're both ready and willing. Long answer: everyone is on a different timetable when it comes to sex. For some, the hook-up comes first and the relationship builds from there (yes, it's possible). Others may choose to wait until marriage before having sex (yes, it still happens). Many times, it's somewhere in between.

see things differently.

So what does it mean to be "ready" for sex? This has everything to do with what sex means to you. Does your potential partner need to be a "keeper" or will "good enough" do? In addition to the emotional aspects, are you ready to practice safer sex?

Let's face it; the rules of "engagement" for the timing of sex in a relationship are confusing and down-right arbitrary. Is it 2 dates, 5, or 10? And what if you're not even sure if some of those encounters were actual dates to begin with? The better advice is to decide together, but keep in mind you and your partner may

And what about the "willing" part? No matter when you decide to have sex, this one always applies. Consent is sexy – as well as the law – so be sure you get it before you go further, whether it's a FWB or someone who might be much, much more.



Have a question? Send it to [sextalk@email.arizona.edu](mailto:sextalk@email.arizona.edu)

SexTalk is written by Lee Ann Hamilton, M.A., CHES, David Salafsky, MPH, and Carrie Hardesty, BS, CHES, health educators at The UA Campus Health Service.