

sex talk.

answers to your questions about sex and relationships

wildfact

Plan B (the morning after pill) can be purchased by men and women 17 years and older in Arizona without a prescription.

Since 1995, SexTalk has been answering questions from UA students. Here are some of the persistent (and sometimes humorous) myths that we often hear:

Q. Can Mountain Dew shrink your testicles and lower your sperm count?

A. Good news: No. Bad news: Mountain Dew is not the new male contraceptive.

Q. I heard that ASU has its very own STD. Is that true?

A. No way. Sexually transmitted diseases are equal opportunity organisms that don't discriminate. Wildcats get the same infections that afflict Sun Devils.

Q. Is it true you can't get pregnant the first time you have sex?

A. FALSE. First time, tenth time, 100th time – it doesn't matter. It only takes one time to get pregnant. Teens and young adults are at their peak fertility. Your first time might be the most fertile time you will ever be in your life.

Q. Girls can't get pregnant when they are "on top," right?

A. Wrong. Fertile females get pregnant in all kinds of positions (read the Kama Sutra for ideas).

Q. Does peeing after sex keep you from getting an STD?

A. Not so much. Urine won't prevent herpes, gonorrhea, HIV, etc. Urinating after sex might help avoid a urinary tract infection, so it IS a good idea to take a trip to the bathroom after doing the "mattress mambo."

Q. Can you get pregnant in a swimming pool?

A. Absolutely... if you have intercourse in the pool.

Q. I heard that if you jump up and down after sex, it can keep you from getting pregnant. Really?

A. No way. You can't shake sperm out of your vagina. By the time you start the calisthenics, the sperm are already on their way through the cervix, up the uterus, and into the fallopian tubes, searching for an egg.



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