

sex talk.

answers to your questions about sex and relationships

wildfact

Free Skin Cancer Screening at Campus Health on Tuesday, 11/16 from 11am-1pm. Call 621-4967 for more info.

Q Is sex in the dorms okay?

A. Yes and no. If you know you'll have your room to yourself for some private time to get it on: YES. If your roommate is asleep in the next bed when you and your bed buddy roll into the room: NO. Common courtesies would also suggest that getting busy in the lounge or laundry room is not exactly what your R.A.,

Community Director, and fellow residents want to see or hear. Be smart, be discrete. And don't forget the condoms if there is a penis involved. Condoms help keep your hall (and your body parts) clean. Oh, and don't forget to put the sock (rubber band, scrunchie, other visual clue) on the doorknob.

Q Is it ok that I'm still a virgin?

A. Absolutely. Deciding to become sexually active is a very personal decision and it should be up to no one but you. If you are not ready for sexual intercourse, or haven't met the person you'd like to make love with for the first time, it's smart to wait.

Some students abstain from sex for personal reasons, family or religious values, modesty, or for health reasons (fear of disease or pregnancy). It is definitely o.k. (and desirable) to wait until you are ready, meet the right person, feel comfortable, desire intimacy, etc. Many people regret having sex if they were drunk, pressured, or just didn't care much for the person to whom they gave up their virginity. Sex can be wonderful when you

decide who, what, when, where, and why.

In case you're thinking you're the only virgin on campus... you are not alone in your abstinence. In our latest survey of UA undergraduates, 31% said they had never had vaginal intercourse (the most common way to define "virginity"). Chastity rates were even higher for first year students (43%). Think that you need to have sex to get your bachelor's degree? Think again. Almost 20% of seniors reported that they had never had vaginal intercourse. These statistics from the 2010 Health & Wellness Survey were anonymously gathered from 2,931 undergraduates in randomly selected classes.



Have a question? Send it to sextalk@email.arizona.edu

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