

sextalk.

answers to your questions about sex and relationships

factoid 78% of UA students would be accepting of a close friend or family member who is gay or lesbian. (Health & Wellness Survey 2005, n=2,036)

Q. I am a 21-year old female. I have had several relationships with males and have been sexually active with about ten males in my lifetime. However, over the last six months or so, I haven't found myself attracted to males in general as much as before. At the same time, I have found myself wondering what it would be like to date another girl and explore a possible same-sex relationship. The only problem is I'm not sure how to go about this since all my friends are straight, and I have never shown any signs of being bisexual. What are the steps I should take to explore this? Any advice is greatly appreciated.

A. Questioning your feelings about sexuality and relationships is a normal part of the maturation process, and is an important step toward establishing a more complete understanding of yourself. There are many quality resources available to you as you begin this journey of self-exploration. Here are just a few of them:

ASUA Pride Alliance (<http://pride.asua.arizona.edu>) at The University of Arizona offers a safe, supportive social and academic environment for lesbian, gay, bisexual, transgender and questioning as well as straight ally students and the surrounding community. Through volunteerism, participating in events, or hanging out at their informational resource center, you will have opportunities to meet other UA students who are lesbian, bisexual, transgendered or questioning.

Wingspan: Southern Arizona's Lesbian, Gay, Bisexual and Transgender Community Center (www.wingspan.org) also offers opportunities for volunteerism, participation in special events, an information resource center, and involvement in support groups and special projects.

The Weekly Observer (www.tucsonobserver.com) is Tucson's and Southern Arizona's newspaper targeting the GLBT community. It features news and opinion articles, a weekly calendar of events and community notices.

GLBT National Help Center (www.glnh.org) provides free, confidential telephone and email peer-counseling, information and local resources for gay, lesbian, bisexual, transgender and questioning callers throughout the United States. The GLBT National Youth Talkline (toll-free 1-800-246-PRIDE [1-800-246-7743]) serves teens and young adults up to age 25 who are wanting more information about coming out issues, relationship concerns, and a variety of other topics.

Have a question? Send it to sextalk@email.arizona.edu



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