Q. I'm 19 years old and I have never had a gynecological exam before. I was wondering how much they cost? Also, how much would birth control cost? I don't have insurance at the moment. Are there discounts for students who don't have insurance?

A. Annual gynecological exams are recommended for women starting at age 18 and/or for women who are (or have been) sexually active. At the UA Campus Health Service, a pelvic exam with Pap test (which screens for abnormal cells on the cervix of the uterus), breast exam, gonorrhea and chlamydia screening will cost $76. For students who have the United Health Care insurance or Campus Care plans, the exam will cost $7 (the cost of the co-pay). Any UoA student may use the Campus Health Service. Insurance is very helpful in covering some of the costs of medical care but you don’t need to have insurance to be seen there.

According to Planned Parenthood (624-1761), a pelvic exam with breast exam and Pap test will cost $90. Gonorrhea and Chlamydia testing is an additional $25. Since you are without insurance, another option for low cost birth control and pelvic exams is the Pima County Health Department Family Planning Clinic. They offer a sliding fee scale. Call their north office at 887-0715 or east office at 751-9086.

The medical providers at the Campus Health Women’s Health Clinic are all women and you can make an appointment by calling 621-6512. If you are sexually active (or were in the past) it is recommended that you get tested for gonorrhea and chlamydia. These two sexually transmitted infections can be “silently” harmful to you without showing any obvious signs or symptoms.

Birth control pills run $14.00 per monthly pill pack at Campus Health. At Planned Parenthood, a monthly pack is $18. Pima County charges a sliding fee.