I know the DUI level is .08 BAC. How would I know if I was close to that?

A. For the average drinker (not someone who is a heavy drinker with an alcohol tolerance) the table below serves as a guide. Most “social drinkers” (1-2 drinks) rarely reach a BAC above 0.05.

<table>
<thead>
<tr>
<th>Blood alcohol concentration (BAC)</th>
<th>Typical physical effects</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.02</td>
<td>Relaxation, some loss of judgment, altered mood.</td>
</tr>
<tr>
<td>0.05</td>
<td>Usually good feeling, decreased inhibitions, exaggerated behavior, slowed reaction time, lowered alertness.</td>
</tr>
<tr>
<td>0.08</td>
<td>Impairment of judgment &amp; memory, muscle coordination becomes poor (e.g., balance, vision &amp; hearing). This BAC level is considered DUI in all 50 states.</td>
</tr>
<tr>
<td>0.10</td>
<td>Slurred speech, slowed thinking, clear decrease in reaction time. Person is 10X more likely to cause a fatal accident if driving.</td>
</tr>
<tr>
<td>0.15</td>
<td>Balance and movement substantially impaired, difficulty walking and talking. Person is 25X more likely to cause a fatal accident if driving. BAC at or above this level is “Extreme DUI” in Arizona.</td>
</tr>
<tr>
<td>0.20</td>
<td>Trouble standing, double vision, vomiting &amp; “blackout” possible. Person is 100X more likely to cause a fatal accident if driving.</td>
</tr>
<tr>
<td>0.30</td>
<td>May pass out, have memory loss, stupor, tremors, cool body temperature.</td>
</tr>
<tr>
<td>0.40+</td>
<td>May have trouble breathing, coma, respiratory &amp; cardiac arrest. Death possible.</td>
</tr>
</tbody>
</table>

In Arizona drivers can be cited for DUI below 0.08 BAC, if “impaired to the slightest degree.”